

Fundamentals of Oro-Maxillofacial Physiotherapy

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This rehabilitation focuses on the face.

It recognises the intricacies of this part of the body.

The face is the centre for the vital functions of breathing and swallowing.

It is also the centre for other key functions, necessary for leading a fulfilling life: speaking and chewing

It contains the sensory receptors for the various organs which enable us to hear, to feel and to distinguish various flavours.

Facial expression itself projects the personality of a person. It reflects the identity of the person; its presence distinguishing that individual

It is the medium for conveying and interpreting the mental state of an individual

Rehabilitating the face, the mouth and the nose requires an appreciation of these fundamental components: expression and emotions

This work can be performed for individuals at the various stages of life

Amongst the youngest individuals, the intervention plays a preventative role, enhancing the normal facial physiology

Amongst adults, the maxillo-facial physiotherapy serves as a treatment adjunct for orthodontic treatments, maxillo-facial surgery, oncology, traumatology, as well as playing a key role for treating significant swallowing difficulties and facial paralysis.

Amongst elderly individuals, the objective of this work is to maintain the best possible quality of life with these rehabilitative exercises.